



Q & A

Medical Assistance in Dying

MAiD is a legal option in Canada that under certain conditions allows you to ask for medical help to end your life.

Why do people choose a medically assisted death?

- No longer able to enjoy life.
- Loss of independence.
- Symptoms or concern about future symptoms.
- Loss of dignity.

Am I eligible for MAiD?

Do I have to be dying?

- No, but you must have a serious, incurable medical condition.

Do I have to be suffering?

- Yes. Your suffering can be physical or emotional or both.

Are MAiD and palliative care the same?

- Palliative care doesn't try to speed up or delay death.
- With MAiD, the intended outcome is death.
- You can ask for MAiD and still have palliative care and grief support.

Does my family need to agree?

- No, you decide for yourself what you want.
- The MAiD team can help you with your family concerns.

How do I access MAiD?

Talk to your healthcare provider, your provincial or territorial MAiD service, or visit www.virtualhospice.ca/MAiD for more information.